



Produce & Dairy

Romaine - Product is making its way to the market with the new labeling requirements. Prices on both romaine and items people are using as subs remain high until the pipeline has filled back up.

Cabbage - Most product is coming from Canada at this point. Southern product is still dollars more expensive.

Collard / Kale - The northern Florida fields were wiped out by storms earlier this year. We are a couple of weeks away from the central fields harvesting.

Apples - Fuji, Golden Delicious, Red Delicious, and Honeycrisp are all coming from local farms.

French Beans - Prices plummeted after the Thanksgiving holiday and are definitely the deal of the week in produce.

Melon - Cantaloupe and honeydew prices have shot up this week.

Tomatoes - Markets should hold steady until after the holidays. Most of our product is now coming from Florida.

Red Peppers - Supplies are very short. Product coming to us from the southern United States has not been looking good. As a consequence we have been sourcing from Mexico.

Raspberry - Heavy rains in the main growing regions are causing harvest issues and limiting supplies on the market. Pricing has been pushing up.

Seafood

Mahi - While prices rebounded slightly, Mahi still remains one of the best values of the week in seafood.

Venezuelan Crab Meat - After a week of extremely low prices, Venezuelan crab meat has pushed back a little increasing pricing. We expect this trend to continue as demand builds towards the holidays and flights become more and more limited.

Sword - Prices remain at low levels this week and this fish is a great value for specials.

Wild Striped Bass - We are continuing to see fish from the Chesapeake Bay. This will continue to dwindle as we get closer to the holidays as fishermen run out of quota and conditions deteriorate.

Halibut - Prices continue to climb. The east coast of Canada is the only area producing right now. We haven't heard any offerings from farms yet, but they usually gear up around this time of year.

Domestic Crab - Maryland has closed for fresh crab meat, although there is pasteurized available. Still plenty of meat out of the Gulf coast.

Domestic Shrimp - The larger sizes (31-35ct and larger) have started their seasonal adjustments and are all increasing in price. After the holidays processors will see where they are sitting with inventory levels and the markets will adjust again.

Fish Specials - If you are looking for something a little different for the menu this week we will have some Corvina and Red Drum.

Smoked Salmon - Kendellbrook salmon now in stock! Highly trimmed, this is perfect for holiday platters.



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